

This Is Your Year...

This Is Your Health...



Take Part in DelaWELL & Join the State's Wellness Journey!

Members who meet the requirements for the Silver or Gold Levels will also have a chance to win a FREE:

- Three-Month YMCA Family Membership
- OR
- One-Year YMCA Family Membership

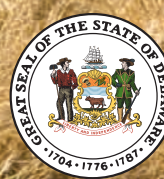
Memberships generously donated by
the YMCA of Delaware

Beginning July 1, 2011 – May 31, 2012, eligible employees can take advantage of DelaWELL's FREE programs to assist them in achieving their health goals and earn a \$100 (Silver Level) or \$200 (Gold Level) cash incentive.*

*Learn More. Visit the DelaWELL Health Portal at <https://delawell.alerehealth.com>. After you log in, click on "Program Overview."



Have Questions?
Call (866) 674-9103



"As one of DelaWELL's strongest supporters, I am excited to see the selection of programs, services and incentives DelaWELL is making available to state employees. As always, thank you for your participation. Your involvement helps create a healthier Delaware."

- Governor Jack Markell

